

From Hospital To Five Star Hotel.

The Bathroom Lighting Brief. Two pages, about two minutes to read, plus a handy checklist to pass to your builder or electrician.

A five star hotel bathroom does not feel different because of the tiles. **It feels different because it has three layers of light, and you choose which one is on.** Almost every new build gets one layer, it is the wrong one, and it is why a brand new bathroom can still feel like a hospital.

The three layers



1 One downlight

- The working layer, for cleaning the room.
- **It is not the layer you live with.** It is almost certainly the only one on your plan.
- **Tip, make it useful.** One narrow beam LED directly above the vanity bowl lights your face without shadows.



2 Eye level

- A backlit mirror, a wall orb, or a light in the shower niche. Any of the three.
- **This is the layer you will use most often.**



3 Under the vanity

- A hidden strip washing down, so the vanity floats.
- **This is the killer. This is what makes it feel like a hotel.**

Count how many you have. One layer is the plan as drawn, and it is lit like a corridor. Two is better, and the one that does the work is still missing. Three is what a hotel is actually doing to you.

Three more, and they are the hard ones to come by

1

Put the LED strip under the vanity on a motion sensor (make your bathroom lighting feel like magic)

- Walk in at 2am and the low warm light is already on. **You never reached for anything.**
- We give our front porches motion detector flood lights, and we cannot even give ourselves one in the bathroom.
- Minutes for your electrician to set up, on the vanity strip only, so the bright layer stays off at night.

2

Use 3000K, everywhere in the house (elevate your home's sophistication)

- Kelvin is the colour of the light, not how bright it is. **Expensive homes and hotels use 3000K.**
- The cooler, bluer default on almost every new build is what makes a room feel like a hospital.
- One number, every room. A house running three temperatures is why it feels off and nobody can say why.

3

Use fluted glass for your shower screen

- Fluted glass breaks every light source up before it reaches you, so the eye level and vanity layers arrive as soft vertical ribbons of light instead of a hard glare.
- **That soft, broken light is why the room feels 10x more expensive.** It is the difference between standing in light and being surrounded by it.
- The shower screen is where it earns the most, because that is the glass you stand closest to.

Take this to your electrician

- ☐ Three switched circuits in the bathroom, not one.
- ☐ A light point at eye level, for a mirror, an orb or a niche.
- ☐ Provision for an LED transformer under the vanity.
- ☐ Every fitting in the house at 3000K.
- ☐ A motion sensor on the vanity strip circuit only.
- ☐ All of it on the plan before it is drawn, not after.

All I ask. If this was useful, send it to the one person you know who is building right now. That is the whole price.

This was one room.
Your home has 8 more.

Take 15 minutes on your own plan. By the end you will know what is still open, what is still cheap to change, and what stops being available once the permit goes in.

Book 15 minutes : calendly.com/msndevelopments_plan/15